



ISSUE 1

# EmpAct Newsletter

## About the Project

Empower Active Ageing (EmpAct) is a project aiming to fill the gap in participation, social inclusion and education of adults over 50 years old through establishing an EU level network, namely One Stop Shop Portal, which will provide users with useful information, training content and tools, in order to help adults enhance their social skills, explore their occupational interests and find opportunities to start new enterprises.

### Partners



Project aims to:

- Improve low-skilled adults through formal and informal learning
- Validate skills and competencies by issuing certification of acquired skills, competencies and knowledge
- Reduce the number of low-skilled adults over 50 years old
- Promote active citizenship through training on subject they request
- Provide new work skills in order to increase competitiveness and employability
- Educate, train and support adults to help support their experience good ideas
- Promote social cohesion
- Promote entrepreneurship

Project Partners:

- Step by Step Program Foundation, Bulgaria
- European Office of Cyprus, Cyprus
- Enoros Consulting, Cyprus
- ECOLE – Enti Confindustriali Lombardi per l'Education, Italy
- Instituto Politecnico de Portalegre, Portugal
- University of Piraeus, Greece

[www.empactproject.eu](http://www.empactproject.eu)



This project is supported by the EU. Any communication or publication related to the Project made by the beneficiaries jointly or individually in any form and using any means, shall indicate that it reflects only the author's view and that the NA and the Commission are not responsible for any use that may be made of the information it contains.

Funded by the  
Erasmus+ Programme  
of the European Union





## Kick-off meeting in Bulgaria

The kick-off meeting took place in Sofia, Bulgaria from 8<sup>th</sup> to 9<sup>th</sup> April 2016. During the first meeting, the project work plan has been presented.

In addition, the coordinator presented and explained the project timeline, management issues and budget issues. Furthermore, each output leader presented the output work plan.

During the second day of the meeting, the Quality Assurance, the Contingency Plan, the project indicators and the dissemination plan have been presented and discussed.

## Active Ageing News

### ICAA's CEO to delve into impacts of changing demographics and workforce aging at international conference

Colin Milner to present at and participate in global think tank

At the 4<sup>th</sup> International Strategy Conference on Safety and Health at Work (ISC2016), being held this week in Dresden, Germany, International Council on Active Aging (ICAA) CEO Colin Milner will deliver a message to attendees that "Embracing an aging workforce is good business." This keynote presentation will look at how demographic change will affect the workplace – in fact, how it is already having an impact – plus present a vision of the future workforce. Milner was also invited to participate in ISC2016's global think tank by organizers German Social Accident Insurance (Deutsche Gesetzliche Unfallversicherung [DGUV]), the World Health Organization, and other international and national institutions.

As the head of ICAA, the professional association that leads, connects and defines the active-aging industry, Milner is considered one of the world's most innovative thinkers on aging and aging-related issues. The World Economic Forum tapped his expertise for its Global Agenda Council on Aging Society, on which he served as a member for six years. Milner brings his knowledge and experience to ISC2016, noting that the meeting's outcomes may set the tone for workplace safety and health for a truly multigenerational workforce.

"A growing body of research is shifting the expectations of an aging population, leading to calls for society and workplaces to embrace seasoned employees and the potential they offer," says Milner. "It is time to replace outdated models with ones that include all generations so as to improve the quality of work and life for all ages."

Active aging is a key solution for many of the challenges associated with population aging, according to Milner. This approach to aging supports older adults in leading lives that are as full, healthy and productive as possible, so they – and society – may reap the benefits of increased longevity.

*Reference: International Council on Active Aging ICAA*